

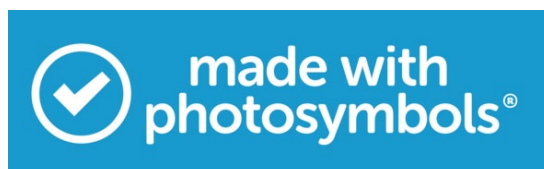


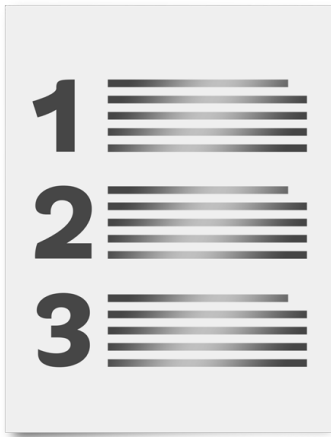
Fife Health and Social Care Partnership

Strategic Plan 2026 – 2029



Easy Read Version





There may be some words you don't know in this document. When you see them for the first time they will be in **bold**.

There is a word list with the meanings of these new words at the end of the document.

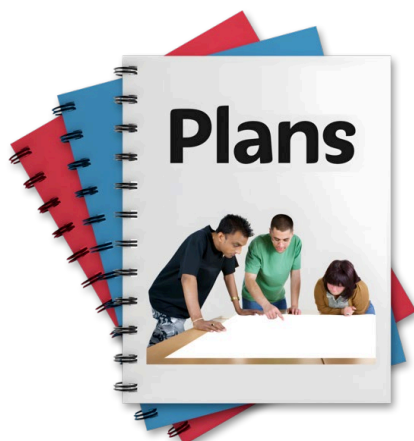


This Easy Read document is about **Fife Health and Social Care Partnership's Strategic Plan**.



A **Strategic Plan** is a high level plan. It sets out what an organisation wants to do over a few years.

This Plan is for 2026 to 2029.



This Plan is about making health and social care better in Fife.

We want to help people live healthier and more independent lives.



Lynne Garvey is the Director of Fife Health and Social Care Partnership.

Lynne will lead the delivery of the Strategic Plan.

Fife Health and Social Care Partnership includes employees from:

- Fife Council
- NHS Fife
- Other local care providers

Everyone works together to deliver health and social care services. These include:

- All adult and older people social work services.
- Community health services, for example **district nursing**, **physiotherapy** and mental health services.
- Children's community health services such as health visiting.
- Housing services which provide support to vulnerable adults.
- Some hospital services.





We Asked, You Said

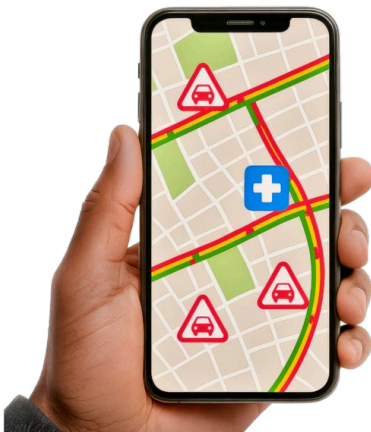
We asked local people what they think about health and social care services in Fife.



Lots of people said that things are working well. They also told us about some things that could be better.

People said:

- Services can be hard to find.
- People want support earlier.
- They want clearer information.
- Carers need more help.
- Digital tools must be easy to use.



This helped us decide what the most important things are.

We will work on these things over the next 3 years.



We have three big goals:

- **Prevention**
- **Communities**
- **Digital**

These will help us make sure everyone gets the care they need.



Prevention means helping people stay healthy and avoid getting sick.

We want to give people the tools and support they need to take care of themselves.



Communities means working together with local people and groups.

We want to make sure everyone feels supported and connected.



Digital means using technology to make services better and easier to access.

This includes things like online doctor appointments and health apps.



We know we have challenges such as an **ageing population** and limited money. But by working together we can overcome these challenges.



We want to make sure our services are **sustainable**, which means they can keep going in the future. This includes being careful with money and using **resources** wisely.



We also want to reduce our carbon footprint, which means being kinder to the environment. This includes using digital tools to save paper.

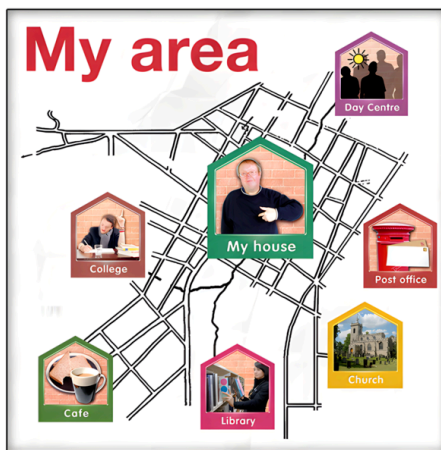


Our plan is not just about what we want to do, but how we will do it. We will work with lots of different people and organisations to make it happen.



Fife has 7 local areas. These are called **localities**.

Each locality has different needs and **priorities**.



The Strategic Plan explains:

- What each area is like.
- What challenges they face.
- What support they will need in the future.

These are examples of challenges:

- Some areas have high rates of long term illness.
- Some areas have high numbers of older people.
- Some areas struggle with access to transport or services.



We have listened to people in each area to find out what they want.

We will work with people in every locality to help make things better for them.

Prevention

These are some of the things we will do over the next 3 years.

We will focus on prevention by encouraging healthy lifestyles and providing early support to stop problems from getting worse.



We will focus on what people have told us they need. This includes quicker access to care and clear information about services.



We will prevent and reduce harm caused by alcohol and drug use.



We will make sure our services are easy to use and that people can get the help they need quickly.



Communities

We will work with local communities to make sure services are designed around their needs and **priorities**.



We will make sure people have a choice in how they receive care and that they are involved in decisions about their care.

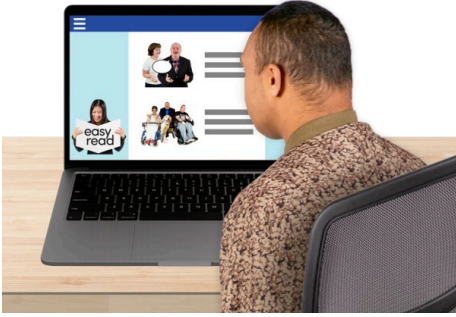


We will make sure our services are person-centred. This means that they are focused on what matters most to each person.

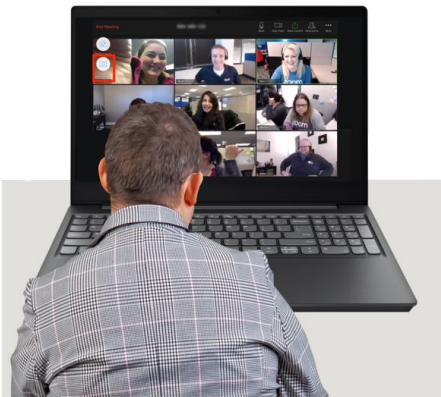


We will support carers by making sure they have the help they need to look after themselves and the people they care for.

Digital



We will use technology to make it easier for people to manage their own health at home. This means video calls and online clinics as well as sensors and remote wellbeing checks.



We will design systems so health and social care teams can share information easily and plan care together.



We will make sure our staff are supported and have the digital tools and training they need to provide great care.



We will make sure that our services are accessible to everyone, including those who might find it hard to use digital tools.



Our Approach

We will make sure our services are inclusive and that everyone feels welcomed and supported.



We will also focus on making sure that everyone has a say in how services are run. This includes listening to people who use our services and their families.



We will keep checking how we are doing and make changes if needed. This will help us make sure we are meeting our goals.



We will work with partners to make sure services are coordinated and that people don't have to repeat their story to different professionals.



Our Workforce

Our staff are at the heart of everything that we do.

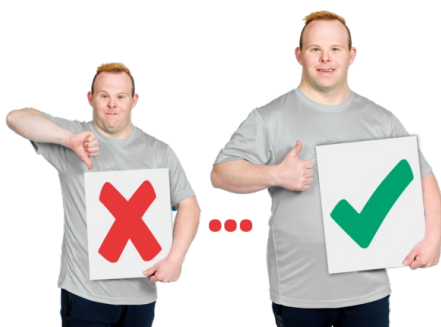
We want them to feel connected and important.



We will be open and honest with our staff. We will share news and celebrate successes together.



We want our staff to feel supported and happy at work. By focusing on what matters to them, we can build strong and flexible services for the future.



Our staff are important and their hard work will make this Strategic Plan happen.

By working together, we will make a difference and improve our services.

What the words mean.

Ageing population	Ageing population means that there are more older people than younger people living in an area. This happens because people are living longer and fewer children are being born.
Digital	Something that uses computers, mobile phones or other technology.
District Nursing	Nurses who visit people in their own homes to give care. They support people to stay well at home.
Communities	Communities means working together with local people and groups.
Health and Social Care Partnership	When the local council and local NHS work together to deliver services.
Locality	A locality is a local area where people live. Fife has 7 localities.
Physiotherapy	Helps people with pain or injuries to move better and stay active.
Prevention	Prevention means stopping something from happening.
Priorities	Things that are the most important.
Resources	Things you already have that help you get the best value for money.
Strategic Plan	The things that an organisation wants to do over a few years.
Sustainable	Sustainable means able to continue for a long time.