



Annual Performance Report 2025 – 2026 Easy Read Version



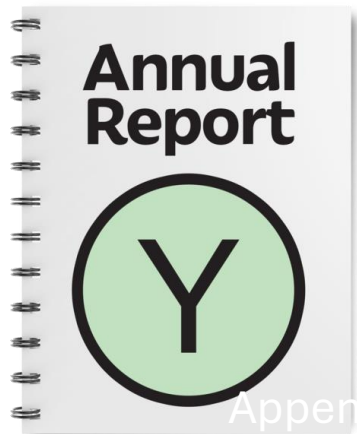
Annual Performance Report 2025 - 2026





There may be some words you don't know in the document. When you see them for the first time they will be in **bold**.

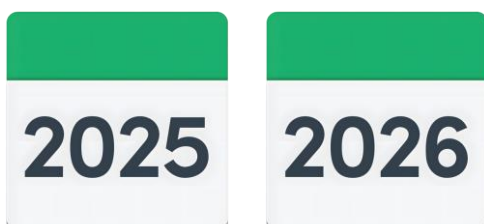
There is a word list with the meanings of these new words at the end of the document.



This Easy Read document is about **Fife Health and Social Care Partnership's Annual Performance Report**.



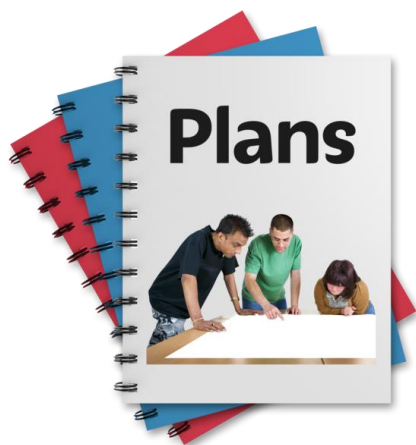
An **annual performance report** tells us about the good things that an organisation has done over the last year.



This annual performance report is for 2025 to 2026.



This annual performance report is linked to our **strategic plan**.



A **strategic plan** is a document which sets out what the Partnership wants to do over a few years.



The purpose of our strategic plan is to help the people of Fife to be able to live independent and healthier lives.

Usually our plans go well and we do improve our health and social care services.



Sometimes changes might take longer. This could be because staff are working on other things.

Sometimes our plans change. This is because we have found a better way to do things.



More than 374,000 people live in Fife.

Over time the number of older people living in Fife will increase.



Fife is divided into 7 areas. These are called localities.



The 7 localities are:

1. Cowdenbeath/Lochgelly
2. Dunfermline
3. Glenrothes
4. Kirkcaldy
5. Levenmouth
6. North East Fife
7. South West Fife



Each locality decides which services are most important to them. Everyone has a chance to get involved.

Locality teams work hard to support the people who live there.



The **Integration Joint Board** makes decisions for the Health and Social Care Partnership.

The person who leads Fife Integration Joint Board is David Ross.



Fife Integration Joint Board also includes people from:

- Fife Council
- NHS Fife
- other local care providers
- members of the public



Lynne Garvey is the Chief Officer of Fife Integration Joint Board. Lynne is also the Director of Health and Social Care.

Lynne leads the **Senior Leadership Team** to deliver services across Fife.



The Senior Leadership Team oversee the daily working of the Partnership.

They are all experts in different areas and lead teams with specialist skills.



We want to improve health and social care services for the people of Fife.

Over the last year we have worked with lots of different people to do this.



Fife Health and Social Care Partnership includes employees from:

- Fife Council
- NHS Fife
- voluntary sector
- other local care providers



They work together to deliver services.

This is known as health and social care **integration**.



The next pages include some of the good things that we have done in the last year.



Local

We want Fife to be a place where people and communities thrive.

These are some of the **Local** things we have done over the last year.



Our new Distress Brief Intervention Service helps people who are feeling very distressed.

People now receive help very quickly. They can get support for 2 weeks. This helps them to cope and to feel better sooner.



Our specialist advisors can help people to stop smoking. Over the last year we have helped more pregnant smokers to stop smoking.

This is good for the mothers and the new babies.



The new **Fife Wide Public Engagement Forum** makes it easier for people to tell us what they think.

This year more people have joined our email network. It now has 468 members. People use the email network to share their views about our services.



Sustainable

We want our services to work well and be inclusive.

These are some of the **Sustainable** things we have done over the last year.



We have set up a Climate Change Group. The group helps teams work in a more sustainable way.

Some staff have completed climate change training. They will share good ideas and support greener ways of working.



An Early Years Hub has been set up in Cowdenbeath. Staff from different organisations work together to support young children and families.

This helps children get the support they need to be strong and well.



We organised a special training session for lone workers. These workers have a higher risk of accidents or danger because they often work alone.

The training helped the workers to identify possible risks and to stay safe.



Wellbeing

We want services in Fife to act quickly to support people.

These are some of the things we have done to improve **Wellbeing** in the last year.



We have reduced waiting times for mental health services. Children and young people can start their treatment much sooner.

This helps them to feel better faster.



Our process for Adult Carer Support Plans has been improved. The process is now simpler for unpaid carers.

Carers can list the things that they need in their Support Plan. This helps them balance their needs with their caring role.



We completed a project in North East Fife to reduce loneliness. Lots of people got involved to help their friends and neighbours.

A webpage was also created with lots of useful information. This will help people to stop feeling lonely.



Outcomes

We want Fife to be somewhere that promotes dignity, equality and independence.

These are some of the **Outcomes** from this year.

We have updated our learning at home webpage. This helps to:

- Support children with homework.
- Create a space for learning at home.
- Reduce the stress of home learning.
- Support children returning to school after they have been away for a while.



Our Mental Health Response Car provides help to people when and where they need it.

Less people need to go to hospital for emergency care.



We have created a Bairns' Hoose for children in Fife. This is a safe space to support children that have experienced trauma.





Integration

We want Fife to be somewhere people and services work together.

We want people to have access to quality services.

These are some of the examples of **Integration** from over the last year.



We have provided poverty training for staff. This helps workers understand the key issues and to provide better support.

This makes it easier for people to access the help that they need.



Over the last year we have created more jobs and training sessions for our workers.

For example we have offered 40 modern **apprenticeships** in social care and **pharmacy** roles.



We have provided more support to people in the **Armed Forces Community**.

This includes more housing support and more help with welfare issues.



An **inspection** is when people come to look at what is good and what is not good about a service.

Last year there were 104 inspections of services for adults in Fife.



The inspectors said that 63 of these services were graded as good or very good.

The inspectors said 2 of the care services could be improved.

We will work to improve these services over the next year.



Care Opinion is a website where people can share stories about their experiences.

Over the last year we received 286 stories about Fife Health and Social Care Partnership.

These stories have been read 23,288 times.



Most of the stories about Fife Health and Social Care Partnership were positive. People told us that they were happy with the care and support they received.



Health and social care services are responsible for making the best use of the money they have. These are called **budgets**.



Our budget shows the amount of money we have and the things that we need to buy.

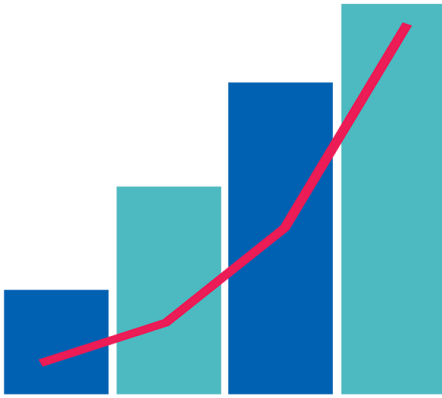
It also shows where we need to make savings on spending.



Over the last year we have watched our budget very closely. This has helped us to keep delivering good health and social care services.



We will keep measuring our budgets closely over the next few years. This will help us to manage our services well in the future.



The Scottish Government has a set of **national performance indicators**.

These can be used to measure Fife's performance.

Areas where Fife is performing well include:



- The number of adults who can look after their own health.
- The number of care services that have been graded good or better.
- Giving people choices about how their care is provided.
- The number of adults who feel safe at home.

Areas where we still have work to do include:



- Increasing the number of carers who feel supported in their caring role.
- Increasing the number of people with complex needs who can receive care at home.
- Reducing the number of people admitted to hospital in an emergency.

**Fife Health
& Social Care
Partnership**



Supporting the people of Fife together

You can find out more on our website:

www.fifehealthandsocialcare.org

What the words mean.

Annual Performance Report	An update on the things that an organisation has done over the last year.
Apprenticeships	A Modern Apprenticeship is a job that allows you to earn a wage while you continue to study. The organisation where you work pays for your training.
Armed Forces Community	The Armed Forces Community is a group of people who are currently serving in the UK military. The group also includes: • veterans – people who have served in the past • reservists – people serving part-time • family members of those who serve or have served.
Budget	The money you have to spend on the things you need.
Care Opinion	Care Opinion is an organisation that has a public website. On the website, people can share their experiences of health or care services. Care Opinion makes it safe and easy for anyone to share their story. All stories are anonymised. This means the names are removed so no one knows who wrote the story.
Fife Wide Public Engagement Forum	A group where local people can share their views with health and social care workers to improve services and support across Fife.

What the words mean.

Health and Social Care Partnership	When the local council and local NHS work together to deliver services.
Inspection	An inspection is when people come to look at what is good and what is not good about a service.
Integration	Working together to deliver health and social care services.
Integration Joint Board	The Integration Joint Board makes decisions for the Health and Social Care Partnership.
Local	Local means in your area or community.
National performance indicators	How we measure the things that are important for people's care.
Outcomes	Something that you want to happen at the end of an activity.
Pharmacy	A pharmacy is a shop, or a place inside a hospital, where you can go to get medicines. Pharmacists are experts who can give you advice on how to take medicines. They can also help people manage some health conditions.
Senior Leadership Team	The people who make sure that the Partnership does a good job.
Strategic Plan	The things that an organisation wants to do over a few years.
Sustainable	Sustainable means able to continue for a long time.
Wellbeing	Wellbeing means health and happiness.