



# Annual Performance Report

## 2024 – 2025

### Easy Read Version

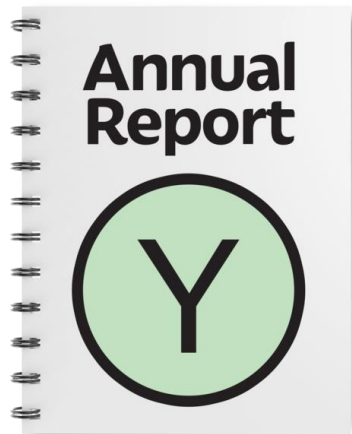


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There may be some words you don't know in the document. When you see them for the first time they will be in **bold**.

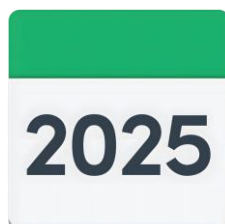
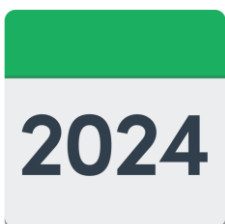
There is a word list with the meanings of these new words at the end of the document.



This Easy Read document is about **Fife Health and Social Care Partnership's Annual Performance Report**.



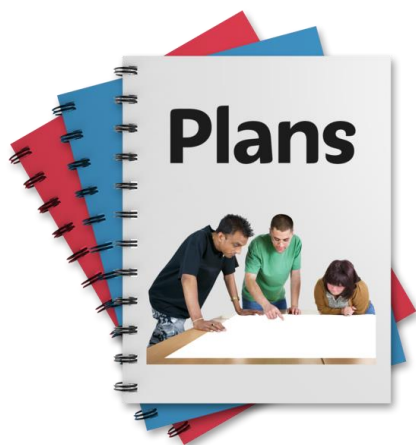
An **annual performance report** tells us about the good things that an organisation has done over the last year.



This annual performance report is for 2024 to 2025.



This annual performance report is linked to our **strategic plan**.



A **strategic plan** is a document which sets out what the Partnership wants to do over a few years.



The purpose of our strategic plan is to help the people of Fife to be able to live independent and healthier lives.

Usually our plans go well and we do improve our health and social care services.



Sometimes changes might take longer because our staff are working on other things.

For example the **COVID-19 pandemic** and the **cost-of-living crisis** have both changed the way that we do things.



More than 374,000 people live in Fife.

Over time the number of older people living in Fife will increase.



Fife is divided into 7 areas. These are called localities.



The 7 localities are:

1. Cowdenbeath/Lochgelly
2. Dunfermline
3. Glenrothes
4. Kirkcaldy
5. Levenmouth
6. North East Fife
7. South West Fife



Each locality decides which services are most important to them. Everyone has a chance to get involved.

Locality teams work hard to support the people who live there.



The **Integration Joint Board** makes decisions for the Health and Social Care Partnership.

The person who leads Fife Integration Joint Board is David Ross.



Fife Integration Joint Board also includes people from:

- Fife Council
- NHS Fife
- other local care providers
- members of the public



Lynne Garvey is the Chief Officer of Fife Integration Joint Board. Lynne is also the Director of Health and Social Care.

Lynne leads the **Senior Leadership Team** to deliver services across Fife.



The Senior Leadership Team oversee the daily working of the Partnership.

They are all experts in different areas and lead teams with specialist skills.





We want to improve health and social care services for the people of Fife.

Over the last year we have worked with lots of different people to do this.



Fife Health and Social Care Partnership includes employees from:

- Fife Council
- NHS Fife
- voluntary sector
- other local care providers



They work together to deliver services.

This is known as health and social care **integration**.



The next pages include some of the good things that we have done in the last year.



## Local

We want Fife to be a place where people and communities thrive.

These are some of the **Local** things we have done over the last year.



The system we use for children's mental health services has been updated. The new system helps children to get their appointments sooner.

This means that children who need help can get better quicker.



Lots of people have used our Link Life Fife service. This supports people who feel stressed or anxious.

We listen to people and help them to find the care that they need.



We have set up a new service that will stop people falling. This means less people will be hurt or injured.

This service is for all areas of Fife



## Sustainable

We want our services to work well and be inclusive.

These are some of the **Sustainable** things we have done over the last year.



Our **Integrated Care Teams** help people who are leaving hospital. They make it easier for people to go home sooner.

This can help people get better faster.



The Child Healthy Weight Service helps families to eat well and be active.

This year more people are using the service to feel better.



We organised a special event for foot care. Lots of people came along to the event. They were able to get the right help and advice for their feet.

We will organise more events so that we can help more people.





## Wellbeing

We want services in Fife to act quickly to support people.

These are some of the things we have done to improve **Wellbeing** in the last year.



We have been working with teenage girls from the travelling community. The travelling community means groups of people who move around a lot.

We have helped the teenage girls learn cooking skills.



Our community alarm system has been updated. The new system is digital, it uses mobile phones and computers.

This makes it easier for people to use the alarm and call for help when they need it.



We organised Wellbeing Champion training for some of our employees.

The new Wellbeing Champions provide support to their Teams. The Champions listen to people and tell them about useful services and support. For example, healthy eating, lunchtime walks, or starting hobbies.



## Outcomes

We want Fife to be somewhere that promotes dignity, equality and independence.

These are some of the **Outcomes** from this year.



The **equality** section on our website has been updated. Equality means that all people should be treated fairly.

We have added information about people's rights and details of other useful websites.



Some of our staff have had extra training. They can now help parents and children with:

- Parenting skills
- Managing emotions
- Being more active
- Looking after their teeth
- Being healthier



To help unpaid carers we have employed 10 more Social Work Assistants. The new employees can help carers find support and services that will help them.



## Integration

We want Fife to be somewhere people and services work together.

We want people to have access to quality services.

These are some of the examples of **Integration** from over the last year.



Fife Care Academy provides training and education for health and social care students.

This year we organized several events for students. The events helped the students learn more about working in health and social care.



Every year our staff complete a survey about their jobs and working together. This year more staff filled in the survey.

More staff also said they liked working for Fife Health and Social Care Partnership.



We have set up new KY Clubs in Levenmouth, Kirkcaldy and Cowdenbeath.

The KY Clubs provide support to people who are affected by drugs and alcohol.



An **inspection** is when people come to look at what is good and what is not good about a service.

Last year there were 86 inspections of services for adults in Fife.



The inspectors said that 43 of these services were graded as good or very good.

The inspectors said 2 of the care services could be improved.

We will work to improve these services over the next year.



**Care Opinion** is a website where people can share stories about their experiences.

Over the last year we received 560 stories about Fife Health and Social Care Partnership.

These stories have been read 50,698 times.



Most of the stories about Fife Health and Social Care Partnership were positive. People told us that they were happy with the care and support they received.





Health and social care services are responsible for making the best use of the money they have. These are called **budgets**.



Our budget shows the amount of money we have and the things that we need to buy.

It also shows where we need to make savings on spending.

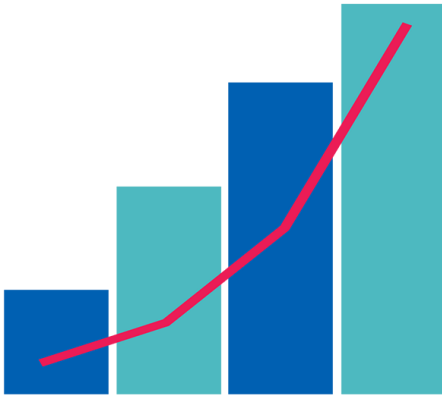


Over the last year we have watched our budget very closely. This has helped us to keep delivering good health and social care services.



We will keep measuring our budgets closely over the next few years. This will help us to manage our services well in the future.





The Scottish Government has a set of **national performance indicators**.

These can be used to measure Fife's performance.



Areas where Fife is performing well include:

- the number of adults who can look after their own health
- the number of carers who feel supported in their caring role
- the number of days that people have to stay in hospital after an emergency
- the number of adults who say they feel safe at home



Areas where we still have work to do include:

- giving people choices about how their care is provided
- increasing the number of people with complex needs who can receive care at home
- working together to make sure that services are well organised

**Fife Health  
& Social Care  
Partnership**



Supporting the people of Fife together

You can find out more on our website:

[www.fifehealthandsocialcare.org](http://www.fifehealthandsocialcare.org)

## What the words mean.

<b>Annual Performance Report</b>	An update on the things that an organisation has done over the last year.
<b>Budget</b>	The money you have to spend on the things you need.
<b>Care Opinion</b>	<p>Care Opinion is an organisation that has a public website. On the website, people can share their experiences of health or care services.</p> <p>Care Opinion makes it safe and easy for anyone to share their story.</p> <p>All stories are anonymised. This means the names are removed so no one knows who wrote the story.</p>
<b>Cost-of-living crisis</b>	When the amount you have to pay for the things you need keeps going up.
<b>COVID-19 pandemic</b>	<p>COVID-19 is also called coronavirus.</p> <p>COVID-19 is a disease that can make people ill. Sometimes people have a fever and cough. The disease can spread quickly from person to person. This is called a pandemic.</p> <p>A pandemic means a disease is spreading in many countries around the world at the same time.</p>

## What the words mean.

<b>Equality</b>	<p>Equality means that all people should be treated fairly.</p> <p>People should not be treated differently because of their:</p> <ul style="list-style-type: none"><li>• Age</li><li>• Disability</li><li>• Gender</li><li>• Marital status</li><li>• Pregnancy and maternity - meaning being pregnant and having a baby.</li><li>• Race</li><li>• Religion or belief</li><li>• Sex</li><li>• Sexual orientation – meaning someone’s attraction to a particular gender. This could be attraction to the opposite gender, same gender, or both genders.</li></ul> <p>Equality laws protect people from unfair treatment.</p>
<b>Health and Social Care Partnership</b>	<p>When the local council and local NHS work together to deliver services.</p>
<b>Inspection</b>	<p>An inspection is when people come to look at what is good and what is not good about a service.</p>

## What the words mean.

<b>Integrated Care Teams</b>	<p>An Integrated Care Team is a group of health care workers who work together to take care of a patient.</p> <p>The team has different types of workers like doctors, nurses, and therapists. They work together and share information to give the best care to the patient.</p> <p>This lets each person use their skills in the best way.</p> <p>It helps the patient get coordinated care instead of each worker doing their own thing.</p>
<b>Integration</b>	Working together to deliver health and social care services.
<b>Integration Joint Board</b>	The Integration Joint Board makes decisions for the Health and Social Care Partnership.
<b>Local</b>	Local means in your area or community.
<b>National performance indicators</b>	How we measure the things that are important for people's care.
<b>Outcomes</b>	Something that you want to happen at the end of an activity.
<b>Senior Leadership Team</b>	The people who make sure that the Partnership does a good job.
<b>Strategic Plan</b>	The things that an organisation wants to do over a few years.
<b>Sustainable</b>	Sustainable means able to continue for a long time.
<b>Wellbeing</b>	Wellbeing means health and happiness.