

Priorities Identified through H&SC Locality Planning Engagement Events:				
Challenges	What Does This Mean for the Partnership?	Agreed Delivery Model	National Outcomes	Fife H&SC Strategic Priority
<p>What you told us:</p> <ul style="list-style-type: none"> Perceptions of health and social care services: <ul style="list-style-type: none"> Health & Social Care is difficult and complex to navigate for staff and people who use services. We need to shift from crisis intervention to early intervention approaches within Health & Social Care. We need to make sure people can access services and information with ease and decision making is speedier allowing people to have choice and control of their own health. <p>What the data told us:</p> <ul style="list-style-type: none"> 8,726 people live in areas classed as being in the 20% most access deprived in Scotland (Source: SIMD). 	<p>We will:</p> <ul style="list-style-type: none"> Develop a local directory of services and local community groups to support choice and control for individuals. Develop a single point Coordination of services in a locality to link people with the right service or community activity when needed. Ensure that our approaches to engaging people within our localities reflect equality, diversity within each community. Work to reduce inequalities in access and uptake of health and social care services for people living in deprived circumstances. 	<p>How will we do this:</p> <p><u>Delivery Model</u> A community led one point of access concept 'The Well', with the support of National Development Team for Inclusion (NDTi) Community Led Support Programme.</p> <ul style="list-style-type: none"> Building on community assets and reducing need for statutory services. Explore The Well in the Town Centre initially and consult with local people where the need is within Dunfermline. <p>Who will take this forward: WORKING GROUP</p>	<p>National Outcome 1 – People are able to look after and improve their own health and wellbeing and live in good health for longer.</p> <p>National Outcome 4 – Health and social care services are centred on helping to maintain or improve the quality of life of people who use services.</p> <p>National Outcome 5 – Health and social care services contribute to reducing health inequalities.</p> <p>National Outcome 8 – People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide.</p> <p>National Outcome 9 – Resources are used effectively and efficiently in the provision of health and social care services.</p>	<p>Prevention and Early Intervention</p> <p>Reducing Inequalities</p>
<p>What you told us:</p> <ul style="list-style-type: none"> Psychiatric admissions – Dunfermline and West Fife are different to other services because they have Community Health Teams. This active work may have impact on admissions. Are rates of Dementia being masked throughout Health & Social Care? 2 out of 3 Fife Young Carer referrals are caring for single parents with mental health issues and we need to protect young people from adverse effects. Highlighted that there is a website going live in April 2018 which aims to provide access to support in the community and aid self-referral. <p>What the data told us:</p> <ul style="list-style-type: none"> Rate per 100,000 population with a psychiatric hospital admission = 319.0 (3 year aggregate to 2015/16 - Source: ScotPHO), this compares to a rate of 258.5 Fife wide. In 2016 376 individuals in Dunfermline had a Dementia Diagnosis (Source: QOF) Rate per 100,000 population of self-reported 	<p>H&SCP are undertaking a Fife Wide Mental Health Review.</p> <p>We will:</p> <ul style="list-style-type: none"> Support the development of Locality interventions. Ensure more effective integrated partnership working resulting in clearer pathways facilitating the right support at the right time based on the needs of the individual. Ensure that key strategies relating to, for example - mental health, learning disabilities, autism – will be considered within the development of Locality interventions. 	<p>How will we do this:</p> <p><u>Delivery Model</u> Investigate the role of the Partnership in supporting this focus group of young carers who have a parent(s) with mental health issues.</p> <p>Who will take this forward: WORKING GROUP</p> <p><u>Delivery Model</u> Delivering Differently Pilot Funded Projects - Managed by FVA – helping to shape mental health and employment services in Fife – projects highlighted at end of the Plan for information.</p> <p>Who will take this forward: FIFE VOLUNTARY ACTION LED</p>	<p>National Outcome 1 – People are able to look after and improve their own health and wellbeing and live in good health for longer.</p> <p>National Outcome 2 – People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community.</p> <p>National Outcome 3 – People who use health and social care services have positive experiences of those services, and have their dignity respected.</p> <p>National Outcome 4 – Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services.</p> <p>National Outcome 5 – Health and social care services contribute to reducing health inequalities.</p> <p>National Outcome 7 – People using health and social care services are safe from harm.</p> <p>National Outcome 9 – Resources are used effectively and efficiently in the provision of health and social care services.</p>	<p>Prevention and Early Intervention</p> <p>Improving Mental Health Services</p> <p>Reducing Inequalities</p>

long term mental health condition – Dunfermline 3,750 and Fife Wide 4,116 (Source: 2011 Census).				
Health & Social Care Partnership Identified Priorities:				
Challenges	What Does This Mean for the Partnership?	Agreed Delivery Model	National Outcomes	Fife H&SC Strategic Priority
<p>What you told us:</p> <ul style="list-style-type: none"> With regards to provision of care in Dunfermline, we need to link in with work already underway relating to the Queen Margaret Hospital ‘Huddle’, High Health Gain approach and Carer Support. <p>What the data told us:</p> <ul style="list-style-type: none"> Morbidity prescribing, emergency admissions, length of stay and outpatient appointments. In 2017/18 there were 6,201 Emergency Admissions (EAs) and an average length of stay of 4.90 bed days. In 2016/17 the corresponding figures were 5,100 and 5.54 respectively (Source: ISD/SMR01) 2017/18 number of outpatient appointments = 38,653 2016/17 appointments = 56,853 (Source: ISD Outpatient datamart) Includes Frail Elderly and those with palliative care needs, younger people with complex physical and/or mental health problems. Year to date 65+ EAs as of July 2018 = 2,446 Equivalent EAs at July 2017 = 2,309 (Source: ISD/SMR01). 	<p>We will:</p> <ul style="list-style-type: none"> Text 	<p>How will we do this?</p> <p>Delivery Model Explore how the Dunfermline H&SC Locality Planning Core Group shapes and inputs to the Community Wellbeing Hubs in Dunfermline and how it will integrate with The Wells moving forward.</p> <p>Who will take this forward: KEY STAFF IDENTIFIED</p>	<p>National Outcome 1 – People are able to look after and improve their own health and wellbeing and live in good health for longer.</p> <p>National Outcome 2 – People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community.</p> <p>National Outcome 3 – People who use health and social care services have positive experiences of those services, and have their dignity respected.</p> <p>National Outcome 4 – Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services.</p> <p>National Outcome 6 – People who provide unpaid care are supported to look after their own health and wellbeing, including to help reduce any negative impact of their caring role on their own health and wellbeing.</p> <p>National Outcome 7 – People using health and social care services are safe from harm.</p> <p>National Outcome 8 – People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide.</p> <p>National Outcome 9 – Resources are being used effectively and efficiently in the provision of health and social care services.</p>	<p>Prevention and Early Intervention</p> <p>Integrated and Coordinated Care</p>
<p>What you told us:</p> <ul style="list-style-type: none"> Increased options to support older people to remain active and connected with their community. Some People do not want traditional Day Services but want to choose activities based on personal outcomes. <p>What the data told us:</p> <ul style="list-style-type: none"> The proportion of older people aged 85+ in Dunfermline is projected to rise from - 1.7 % of in 2012 to 2.4% by 2026. 	<p>We will:</p> <ul style="list-style-type: none"> Support the Day Services Redesign with Locality input. Create a structured and coordinated approach to community support for people with fragility, including dementia, and their carers to ensure people can remain in the community for as long as possible. Work with the Frailty Managed Clinical and Care Network to tailor healthy ageing activities and materials to support local priorities. This will seek to facilitate local prevention and early intervention and the 	<p>How will we do this?</p> <p>Delivery Model Offer a range of community based activities. Develop a range of day service and community based opportunities for older people. Investment in services for people with dementia. In Dunfermline the following services specifically for people with dementia are funded by H&SCP:</p> <ul style="list-style-type: none"> Dementia Leisure/Activities Co-ordinators – Alzheimer Scotland Dementia Café on Monday and Thursday at 	<p>National Outcome 1 – People are able to look after and improve their own health and wellbeing and live in good health for longer.</p> <p>National Outcome 2 – People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community.</p> <p>National Outcome 3 – People who use health and social care services have positive experiences of those services, and have their dignity respected.</p> <p>National Outcome 4 – Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services.</p>	<p>Prevention and Early Intervention</p> <p>Integrated and Coordinated Care</p>

<ul style="list-style-type: none"> (Source: NRS). 	<p>goals of the MCCN to support healthy ageing.</p>	<p>Abbeyview Day Centre</p> <ul style="list-style-type: none"> - Dementia Friendly Health Classes at Duloch Leisure Centre – Fife Sports & Leisure Trust - Dementia Home Support Service - Alzheimer Scotland (Fife-wide) - Community Connexions – Alzheimer Scotland (Fife-wide) - Carer Support Worker who provides Dementia support has a West Fife Service Focus but is responding to Fife Wide enquiries – Fife Carer’s Centre - Shared Lives Carers – Shared Lives Fife (Fife-wide) - Short Breaks – Crossroads (Fife-wide) <p><i>Who will take this forward:</i> KEY STAFF IDENTIFIED</p> <p><u>Delivery Model</u> Work to establish Dunfermline as a Dementia Friendly Town.</p> <p><i>Who will take this forward:</i> FIFE WIDE DEMENTIA FRIENDLY PROJECT MANAGER</p>	<p>National Outcome 7 – People using health and social care services are safe from harm.</p> <p>National Outcome 9 – Resources are used effectively and efficiently in the provision of health and social care services.</p>	
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Other Ongoing Work within the Locality:

DELIVERING DIFFERENTLY PILOT FUNDED PROJECTS – Linking to the Improving Mental Health Services Strategic Priority:

- **Peer 2 Peer (Fife Wide)** – FEAT – A programme of peer support in Fife through training people with lived experience using the SRN Peer 2 Peer course.
- **Wellness in Work (Fife Wide)** – FC Supported Employment Service – This project will engage with a selection of small to medium employers in Fife and around 6 people with lived experience of mental health issues, to develop a practical toolkit that outlines good practice around mental health and job retention.
- **Wellness and Empowering People (Fife Wide but prioritise 3 key areas)** – The Richmond Fellowship Scotland – A brand new approach to working with people in community care settings. This project is based on a peer support model and an adaption of the Wellness Recovery Action Plan (WRAP). 42 individuals in total will participate in 6 sessions facilitated by a different staff member in each area.

Improving Mental Health Services